

**ABOUT THE CASTELLINO FOUNDATION TRAINING IN SPAIN
2013-2016**

BILINGUAL (ENGLISH/SPANISH)

DATES

2013

MARCH 15 TO 21

SEPT. 20 TO 26

2014

MARCH 14 TO 20

SEPT. 19 TO 25

2015

MARCH 13 TO 19

SEPT. 18 TO 24

2016

MARCH 11 TO 17

SEPT 16 TO 22

RAY CASTELLINO, DC, RPP, RPE, RCST®, MARY JACKSON, RN, LM, RCST® AND TARA BLASCO PH.D. RCST® WILL CO-LEAD THE TRAINING. IN ADDITION, THERE WILL BE AN INTERNATIONAL TEAM OF BILINGUAL (ENGLISH/SPANISH) ASSISTANTS TO SUPPORT THE TRAINING PROCESS.

DESIGNED TO TEACH OR ENHANCE YOUR SKILLS IN:

- **HOLDING THERAPEUTIC PRESENCE;**
- **TRACKING SOMATIC, ENERGETIC AND FLUID TIDE RHYTHMS TO ASSESS AND FACILITATE THE RESOLUTION OF PRENATAL AND BIRTH STRESS AND TRAUMA;**
- **IDENTIFICATION OF YOUR OWN PRENATAL AND BIRTH COUNTERTRANSFERENCE ISSUES SO YOU CAN DEVELOP THE SKILL OF EFFECTIVELY TRANSLATING THE ENERGY OF YOUR ACTIVATIONS INTO EFFECTIVE AND COMPASSIONATE THERAPY;**
- **RELATING THE CLIENT'S PRESENT EXPERIENCE, BEHAVIOR AND EMOTIONAL STATES TO PRENATAL AND BIRTH IMPRINTING IN FUNCTION AND STRUCTURE;**
- **RECOGNIZING PRENATAL AND BIRTH IMPRINTING IN BODY LANGUAGE, BODY STRUCTURE, MOVEMENT, PERSONALITY AND CHARACTER STRUCTURE IN BABIES, CHILDREN AND ADULTS;**
- **DEVELOPING THE CLIENT'S INTERNAL RESOURCES SO THEY MAY**

EFFECTIVELY EXPLORE AND RESOLVE EARLY TRAUMATIC IMPRINTING;

- **RECOGNIZING THE WAY PRENATAL AND BIRTH IMPRINTING AFFECTS FAMILY DYNAMICS, AND KNOWING HOW TO WORK WITH INFANTS AND CHILDREN WITHIN THEIR FAMILY SYSTEMS;**
- **HOLDING CLEAR AND EFFECTIVE THERAPEUTIC BOUNDARIES IN THE CONTEXT OF PRENATAL AND BIRTH THERAPY;**
- **USING THERAPEUTIC VERBAL, ENERGETIC AND TOUCH SKILLS IN THE CONTEXT OF PRENATAL AND BIRTH THERAPY;**
- **MAKING CONTACT WITH OTHERS FROM YOUR OWN EXPERIENCE, AND IDENTIFYING AND WORKING WITH YOUR OWN PRENATAL AND BIRTH PATTERNS;**
- **FACILITATING BABIES, CHILDREN AND THEIR PARENTS IN BEBA STYLE FAMILY SESSIONS;**
- **FACILITATING ADULTS IN SMALL GROUP WOMB SURROUND PROCESS WORKSHOPS;**

MODULE DETAILS

EACH TRAINING MODULE COVERS A SPECIFIC AREA OF LEARNING. THE CURRICULUM IS DESIGNED TO GIVE YOU AN OVERVIEW OF THE WORK AND TO BUILD SPECIFIC THERAPEUTIC SKILLS IN A PROGRESSIVE AND LAYERED MANNER USING DIDACTIC INSTRUCTION, FACILITATION SKILLS AND PERSONAL EXPERIENTIAL EXPLORATION. SKILLS FOR FACILITATION OF ADULTS IN SMALL GROUPS AND FAMILIES IN INFANT/CHILD- CENTERED SETTINGS ARE EMPHASIZED THROUGHOUT THE TRAINING.

- **MODULE I - THE PRECONCEPTION AND CONCEPTION JOURNEY** INCLUDING THE POLARITY PARADIGM, SHOCK IMPRINTING AND DEVELOPING THE INTERNAL REFERENCE STRUCTURE FOR PRENATAL AND BIRTH THERAPY ARE THIS MODULE'S PRIMARY SUBJECT AREAS. DR. CASTELLINO WILL INTRODUCE YOU TO AN INTEGRATION OF ENERGETIC, SOMATIC, PHYSIOLOGIC AND PSYCHOTHERAPEUTIC PRINCIPLES WHICH FORM A FOUNDATION FOR THE PRENATAL AND BIRTH THERAPIST. THE SKILLS INTRODUCED IN THIS MODULE INCLUDE THERAPEUTIC CENTERING, ORIENTING, TRACKING AUTONOMIC CYCLING AND RELATED FLUID TIDE DYNAMICS, MODULATING THERAPEUTIC PACE OR TEMPO, IDENTIFYING RESOURCE BEHAVIORS, RECOGNIZING THE THERAPEUTIC LEADING EDGE, AND DIFFERENTIATING BETWEEN TRAUMA AND SHOCK IMPRINTING.
- **MODULE II - BONDING AND ATTACHMENT** COVERS THE BONDING

PROCESS FROM EARLY PRENATAL THROUGH POST-BIRTH TIME. THE ISSUES OF CONNECTION AND SEPARATION ARE PRIMARY THEMES AS ARE ISSUES OF RECEIVING NUTRITION AND EMOTIONAL NURTURING. THIS MODULE COVERS:

- HOW EARLY IMPRINTING AFFECTS FUTURE RELATIONSHIP FORMATION, AND INDIVIDUAL MOTIVATION PATTERNS.
- PRENATAL IMPLANTATION DYNAMICS, THE DEVELOPMENT OF THE PLACENTA AND THE UMBILICAL CORD.
- ENERGETIC UMBILICAL DYNAMICS, AND RELATED MOVEMENT IMPRINTING.
- BIRTH DYNAMICS, THE CUTTING OF THE UMBILICAL CORD, NEWBORN SELF-ATTACHMENT BEHAVIORS AND THE NATURE OF THE BABY'S FIRST CONTACT WITH HER MOTHER AND FATHER AFTER BIRTH.
- THE BABY'S ABILITY TO ATTACH TO HIS/HER MOTHER EMOTIONALLY, AT THE BREAST AND THE ESTABLISHMENT OF HEALTHY NURSING PATTERNS.
- SPECIFIC THERAPEUTIC PROTOCOLS FOR RESOURCING, RESOLVING AND REPATTERNING BONDING AND ATTACHMENT TRAUMA AND A MEANS FOR ESTABLISHING NURSING WITH BABIES WHO ARE UNABLE TO NURSE OR HAVING DIFFICULTY WITH NURSING.
- **MODULE III - BIRTH IMPRINTING**COVERS THE VAGINAL BIRTH PROCESS, BIRTH STAGES, PELVIC TYPES, CRANIAL MOLDING, BIRTH MOVEMENT PATTERNS AND AN INTRODUCTION TO INFANT CRANIOPATHY. IT INTRODUCES TRACKING FLUID TIDE DYNAMICS AND TRACKING STAGE SPECIFIC BIRTH MOVEMENT PATTERNS. BY THE END OF THE WORKSHOP, EACH OF YOU WILL DESCRIBE YOUR PERSONAL BIRTH PASSAGE TO A SMALL PEER GROUP. YOUR BIRTH PASSAGE SESSION WILL BE VIDEOTAPED AND YOU WILL RECEIVE A COPY FOR YOUR PERSONAL STUDIES.
- **MODULE IV - CHEMICAL IMPRINTING**COVERS IMPRINTING FROM ANESTHESIA, NICOTINE, FETAL ALCOHOL AND DRUG SYNDROMES. WE WILL LOOK AT THE EFFECTS OF CHEMICAL IMPRINTING ON PRENATES AND BABIES' PSYCHES, THEIR MOVEMENT PATTERNS, THEIR ENERGY PATTERNS AND THE DEVELOPMENT OF THE CENTRAL NERVOUS SYSTEM. SPECIFIC PROTOCOLS FOR RESOLVING AND REPATTERNING OF CHEMICAL IMPRINTING ARE COVERED. A NEW THEORY IS PRESENTED EXPLAINING THE WAY CHEMICAL IMPRINTING AFFECTS THE

FUNCTION OF THE CEREBRAL SPINAL FLUID SYSTEM. YOUR UNDERSTANDING OF THE CRANIAL / SACRAL FLUID TIDE SYSTEM AND THE EMBRYONIC DEVELOPMENT OF THE BRAIN WILL BE ENHANCED SO THAT YOU CAN USE YOUR VISUALIZATION, ENERGETIC SENSING, FLUID TIDE PALPATION, AND BODYWORK SKILLS TO SUPPORT THE RESOLUTION OF TRAUMATIC CHEMICAL IMPRINTING.

- **MODULE V - SURGICAL IMPRINTING** COVERS FORCEPS, VACUUM EXTRACTION, CESAREAN SECTION, CIRCUMCISION AND PRENATAL AND INFANT SURGERY. YOU WILL LEARN HOW TO IDENTIFY SIGNATURE CRANIAL MOLDING PATTERNS, MOVEMENT PATTERNS AND PSYCHOLOGICAL IMPACTS OF EACH BIRTHING STYLE. YOU WILL LEARN THE CRANIAL IMPACTS OF FORCEPS AND VACUUM EXTRACTION AS WELL AS SPECIFIC TREATMENT PROTOCOLS FOR EACH TYPE OF SURGICAL INTERVENTION. WE WILL EXPLORE THE EFFECT OF THESE PROCEDURES ON PHYSICAL STRUCTURE AND ON THE EXPRESSION OF THE BODY'S ENERGY AND FLUID TIDE SYSTEMS.

- **MODULE VI AND VII - LIFE DEATH LOSS AND DOUBLE BINDS** DOUBLE BIND OR PARADOXICAL IMPRINTS PROVIDE THE MOST COMPLICATED DYNAMICS IN THE PPN FIELD. DOUBLE BINDS AMPLIFY PRACTITIONER COUNTER-TRANSFERENCE ISSUES AND COMPLICATIONS FOR FACILITATING GROUPS AND FAMILIES. THIS SUBJECT MATTER IS SAVED FOR THE SIXTH AND SEVENTH FOUNDATION TRAINING MODULES BECAUSE THE DYNAMICS OF THESE TRAUMA IMPACTS PROVIDE THE PRACTITIONER WITH THE GREATEST COUNTER-TRANSFERENCE CHALLENGES IN THE PRENATAL AND BIRTH THERAPY FIELD. THE CURRICULA OF THE FIRST FIVE MODULES IS DESIGNED TO BUILD THE TRAINEES' UNDERSTANDING, PERCEPTION, PRESENCE AND THERAPEUTIC SKILLS SO THAT THEY ARE MORE PREPARED TO EXPLORE THE EFFECTS OF DOUBLE BINDS IN EFFECTIVE AND COMPASSIONATE WAYS. HAVING TWO MODULES DEVOTED TO DEVELOPING SKILLS FOR FACILITATING DOUBLE BINDS GIVE PLENTY OF SPACE TO EXPLORE THE DEPTH OF THESE EARLY COMPLICATED IMPRINTS. SPECIAL ATTENTION IS GIVEN TO HOW DOUBLE BIND IMPRINTS AFFECTS FAMILIES AND GROUP DYNAMICS.

- **MODULE VI** FOCUSES ON ANCESTRAL INFLUENCES AND TWIN DYNAMICS AND TWIN LOSS. ANCESTRAL INFLUENCES ON INDIVIDUATION ARE EXPLORED TO DIFFERENTIATE TWIN

AND ANCESTRAL IMPRINTING. TWIN EMBRYONIC AND PLACENTAL DEVELOPMENT ARE CORRELATED WITH TWIN BEHAVIOR LATER IN LIFE. LOST TWIN SYNDROME AFFECTS ON SINGLETON BEHAVIOR IS COVERED. YOU WILL LEARN TO IDENTIFY TWIN PSYCHOLOGICAL IMPRINTING, THE COUNTER-TRANSFERENCE / TRANSFERENCE ISSUES INVOLVED AND TWIN DYNAMIC THERAPEUTIC PROTOCOLS. BREECH BIRTH PRESENTATION IS COVERED IN THIS MODULE BECAUSE A HIGH PERCENTAGE OF BREECH PRESENTATIONS HAVE OCCUR DURING TWIN BIRTHS.

- **MODULE VII** FOCUSES ON ADOPTION, PREVIOUS ABORTION AND MISCARRIAGE, ABORTION ATTEMPTS, TRAUMATIC IMPACTS OF DEATH IN THE FAMILY DURING PREGNANCY, STILLBIRTH AND INFANT SIBLING LOSS, A.R.T. (ASSISTED REPRODUCTIVE TECHNOLOGY) AND NICU EXPERIENCE. THE SKILLS FOR FACILITATING DOUBLE BIND DYNAMICS ARE FURTHER DEVELOPED AND REFINED IN THIS MODULE.
- **MODULE VIII - FAMILY AND GROUP DYNAMICS** THIS MODULE IS DESIGNED TO TRANSITION THE PRACTITIONER FROM FOUNDATION SKILL BUILDING INTO A MODEL FOR FAMILY AND SMALL GROUP PRACTICE. MODULE VIII COVERS:
 - THE STRUCTURAL COMPONENTS FOR A PROCESS SESSION BOTH WITH ADULTS IN A PROCESS WORKSHOP SETTING AND WITH FAMILIES IN INFANT/CHILD-CENTERED FAMILY SETTINGS.
 - ORGANIZATION OF BEBA: A CENTER FOR FAMILY HEALING.
 - QUESTIONS ABOUT CLINICAL PRACTICE.
 - DEMONSTRATION SESSION BY DR. CASTELLINO INCLUDING A COMPLETE DEBRIEFING WHICH FOCUSES ON RECOGNIZING THE PRINCIPLES UTILIZED.
 - EACH TRAINEE WILL GIVE AND RECEIVE A SUPERVISED PROCESS SESSION IN A SMALL GROUP SETTING.

LOCATION: CASAL SANT MARTÍ, LA SALLE, SAN MARTÍ
SESGUEIOLES,
BARCELONA.

PRICE (APROXIMATE) FOR CASTELLINO TRAINING (MORE DETAILS WILL FOLLOW WITH SPECIFIC PAYMENT OPTIONS):

- EACH MODULE 900 €.
- FULL TRAINING PRICE: 7,200 €.
- APROXIMATE PRICE FOR ROOM AND BOARD PER MODULE: 350 €.
- PRICE FOR ROOM AND BOARD FOR THE WHOLE TRAINING (IT MIGHT VARY SLIGHTLY DEPENDING ON THE CURRENT PRICES FOR THE CENTER LA SALLE EACH YEAR). 2,800 €.
- TOTAL PRICE FOR TRAINING, ROOM AND BOARD: 10,000 €.
- TOTAL PRICE PER MODULE (INCLUDING TRAINING, ROOM AND BOARD) 1,250 €.

**TO REGISTER PLEASE CONTACT MIGUEL IRIBARREN:
BHIKKHU58@YAHOO.ES**

ACCOUNT NUMBER (UNDER MIGUEL IRIBARREN'S NAME):

FOR NATIONAL USE: 2100 0974 88 0200090457

FOR INTERNATIONAL USE: IBAN: ES82 2100 0974 8802 0009 0457

ANY QUESTIONS, PLEASE DON'T HESITATE TO ASK BY EMAIL OR BY PHONE.

MIGUEL IRIBARREN (TEL. 93 426 74 54 – 646 92 86 81).

FOR MORE INFORMATION ABOUT CASTELLINO FOUNDATION TRAININGS PLEASE VISIT THE FOLLOWING WEBSITE:

[HTTP://WWW.RAYCASTELLINO.COM/](http://www.raycastellino.com/)

PREREQUISITES FOR APPLYING TO THE FOUNDATION TRAINING

- **A MINIMUM OF ONE PROCESS WORKSHOP WITH RAY, TARA OR A CERTIFIED PROCESS WORKSHOP FACILITATOR. IT IS RECOMMENDED THAT THIS BE WITHIN THE LAST 3 YEARS.**
- OR**
- **THE THREE AND A HALF DAY LOVE AND HUMAN RELATIONSHIPS COURSE OF MARCH 2012. IF YOU HAVE NOT TAKEN A WOMB SURROUND WORKSHOP WITH RAY OR TARA THIS COURSE WILL MAKE IT POSSIBLE FOR YOU TO APPLY FOR THE FOUNDATION TRAINING.**
- **TAKE AT LEAST A FIVE-DAY INTRODUCTION TO BIODYNAMIC / FLUID TIDE CRANIOSACRAL OR POLARITY THERAPY OR THE EQUIVALENT (SEE WEBSITE UNDER 'C/S').**
- **RAY, MARY AND TARA DO NOT TRAIN ANYONE WHO USES NICOTINE OR RECREATIONAL DRUGS. APPLICANTS MUST HAVE A COMMITMENT TO THEMSELVES AND THE PEOPLE THEY WORK WITH THAT THEY WILL BE NICOTINE AND DRUG FREE FROM THE TIME OF APPLICATION THROUGH COMPLETION OF THE FOUNDATION TRAINING AND MUST HAVE THE INTENTION TO ABSTAIN FOR THE REST OF THEIR LIVES.**
- **A COMMITMENT TO ABSTAIN FROM ALCOHOL THE DAY BEFORE AND DURING ALL WORKSHOPS AND TRAINING MODULES INCLUDING BREAKS AND EVENINGS IS REQUIRED.**

IF ANYONE HAS ANY QUESTIONS ABOUT THESE PREREQUISITES WE ARE OPEN TO TALK WITH YOU ABOUT IT.